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FOR IMMEDIATE RELEASE

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McKinley Museum to Present Tea with the Curator: “The ABCs of Nutrition: A History of Scientific Eating”

Canton, OH... Executive Director Kim Kenney will present a historical perspective on healthy eating at the McKinley Presidential Library & Museum on Monday October 7 at 10:00 AM. This program is part of an ongoing series of Project EAT! events and includes a guided tour of the Keller Gallery exhibition *Stark County Food: From Early Farming to Modern Meals*.

As our economy transitioned from field and factory work, to less physically demanding desk jobs and service industry positions, we had to change the way we ate. As women’s fashion became more revealing in the 1920s, the idea of “scientific eating” began to take hold. A number of outrageous “fad diets” throughout the 20th century will be discussed.

The program is \$15 and includes tea/coffee, breakfast sweets, the program, and admission to the Museum. Reservations are required. Please call 330-455-7043.

ABOUT THE EXHIBITION

Sponsored by the Stark County Farm Bureau, *Stark County Food: From Early Farming to Modern Meals* explores 200 years of food history in the Museum’s Keller Gallery. The exhibition begins with a look at farming in our region, which includes a large cash register that was used at Harry Ink’s Aplink Orchard in the early 20th century. Other sections include grocery stores, wholesale food companies, restaurants, cookbooks, rationing, ethnic influences, bakeries, dairies, legacy families, community organizations, and culinary tourism. A special section features the evolution of kitchen appliances over time, including an early refrigerator, an apartment-sized electric stove, and a microwave with so much chrome, it rivals a 1950s automobile. The exhibition is on view through January 5, 2020.

ABOUT “PROJECT EAT!”

Stark County has a rich food history starting with our agricultural roots and continuing into the present with urban and rural farming, field-to-fork restaurants and many other food-focused agencies. Project Eat! highlights the many great existing programs doing work in our community, while showcasing exciting new food-related events created throughout the Stark County area in 2019. Partners include the McKinley Presidential Library & Museum, Canton Museum of Art, Massillon Museum, First Ladies National Historic Site, Stark Fresh, Canton Food Tours, Palace Theater, Carpe Diem, Kent State Stark, Walsh University Food Design Institute, Visit Canton, and Arts in Stark. For a complete list of programs, visit www.ProjectEatStark.org.

ABOUT THE MUSEUM

The McKinley Presidential Library & Museum is located at 800 McKinley Monument Dr. NW in Canton. The Keller Gallery is the Museum's temporary exhibition space and features a variety of topics each year. The Museum also includes the McKinley National Memorial, McKinley Gallery, Street of Shops, The Stark County Story, Discover World, and the Hoover-Price Planetarium. The Museum is open Monday – Saturday from 9:00 AM to 4:00 PM and Sunday from 12:00 PM to 4:00 PM.

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